



**3rd Annual
NORWALK TRUCKER
CROSS COUNTRY INVITATIONAL**

Saturday, September 21, 2019

Attention: High School & Middle School Cross Country Coaches

<u>TENTATIVE SCHEDULE:</u>	9:00AM	Boys High School
	9:40AM	Girls High School
	10:20AM	Boys Middle School
	10:50AM	Girls Middle School

SCHOOLS ATTENDING:

Bellevue, Norwalk, Perkins, Sandusky, St. Paul, Tiffin Columbian (no HS boys), Willard

LOCATION: Norwalk High School
350 Shady Lane Drive
Norwalk, OH 44857

COURSE: The high school course is 3.1 miles. The middle school course is 2 miles. The course will start behind the Reagan Sports Complex on the back side of the high school and finish by the baseball field. The course is 1 loop that travels the high school campus and portions of the memorial park on Shady Lane.

ENTRY: Please have rosters submitted via Baumspage by **Wednesday, September 18th**. Scratches are not necessary.

AWARDS: First and second place team trophies for all races. Medals awarded to the top 10 individual finishers. All individual awards will be received at the finish line. Team trophies can be picked up at the results table.

SPECTATORS: There will be a \$5.00 admission fee per car.

CONCESSIONS: Concessions will be available in between the baseball and softball diamonds.

T-SHIRTS: Specially designed t-shirts will be available for public sale for \$10.00 each.

CONTACT: If you have any questions, please contact Coach Drew Karnehm at karnehmd@norwalktruckers.net. Thank You!

HS Boys:**Meet Record: 16:28 - Robert Vazquez - Norwalk (2018)**

<u>Year</u>	<u>Team Champion</u>	<u>Individual Champion</u>	<u>Time</u>
2019			
2018	Norwalk	Robert Vazquez - Norwalk	16:28
2017	Norwalk	Jared Arnold - St. Paul	16:41

HS Girls:**Meet Record: 20:09 - Madelyn Verhoff - Bellevue (2018)**

<u>Year</u>	<u>Team Champion</u>	<u>Individual Champion</u>	<u>Time</u>
2019			
2018	Bellevue	Madelyn Verhoff - Bellevue	20:09
2017	Bellevue	Lily Dowdell - St. Paul	20:37

JH Boys:**Meet Record: 11:12 - Kyler Kromer - Norwalk (2017)**

<u>Year</u>	<u>Team Champion</u>	<u>Individual Champion</u>	<u>Time</u>
2019			
2018	St. Paul	Isaac Thimke - St. Paul	11:42
2017	Norwalk	Kyler Kromer - Norwalk	11:12

JH Girls:**Meet Record: 12:53 - Dominique Weisz - Bellevue (2018)**

<u>Year</u>	<u>Team Champion</u>	<u>Individual Champion</u>	<u>Time</u>
2019			
2018	Tiffin	Dominique Weisz - Bellevue	12:53
2017	Norwalk	Dominique Weisz - Bellevue	13:29